

4ος Τροφώνιος Ημιμαραθώνιος Λιβαδειάς  
Κυριακή 25 Σεπτεμβρίου 2016

ΑΠΟΤΕΛΕΣΜΑΤΑ 10ΚΜ ΓΥΝΑΙΚΩΝ - ΑΝΔΡΩΝ

A/A	Gender	BIB	Name	YOB	Club	10km
1	Female	255	ELENI KAROKI	1972	ΑΝΕΞΑΡΤΗΤΗ	0:55:50
2	Female	295	ELENI MORAITI	1975		0:57:41
3	Female	347	ARGYRO FLOROU	1977	ΣΧΟ ΑΡΑΧΩΒΑΣ	1:00:12
4	Female	286	PINELOPI STEFOU	1965		1:01:35
5	Female	299	GIOTA AFENTOULI	1964		1:02:35
6	Female	321	ELENI TASIA	1970	AKOL	1:02:54
7	Female	291	DORA TZALAMPIRA	1977		1:03:05
8	Female	323	THEANO CHALIOTI	1980	AKO LIVADEIAS	1:03:53
9	Female	260	AGGELIKI ZARRA	1980		1:04:32
10	Female	261	SOTIRIA IATROU	1986		1:04:43
11	Female	285	MARIA PREPOUSI	1973		1:06:27
12	Female	272	MARIA SKARLATOU	1970	ΤΡΑΧΙΝΑ	1:06:27
13	Female	270	MARIA KOUSTOUKI	1998	SPERCHEIADA RUNNING TEAM	1:07:41
14	Female	331	ELENA ROUPAKA	1971		1:09:28
15	Female	325	ROUMPINA KONTOGIANNI	1972		1:14:27
1	Male	329	EVANGELOS MALIOGLOU	1982	ΠΑΝΕΛΛΗΝΙΟΣ	0:33:25
2	Male	251	GEORGIOS DIALEKTOS	1984	SALOMON-ΑΚΟΛ	0:33:51
3	Male	345	GIORGOS MENIS	1988		0:37:16
4	Male	300	GEORGIOS VRETTOS	1989	ΑΤΦΑ	0:39:50
5	Male	324	LOUKAS LAPOUSI	1999		0:39:55
6	Male	338	CHRISTOS STEFANIOTIS	1998	PINDAROS	0:40:56
7	Male	253	SPYROS SIAMPANIS	1985		0:41:00
8	Male	339	GEORGIOS MANIOTIS	1978	AKOL	0:41:45
9	Male	281	DIMITRIOS ZIAKOPOULOS	1973		0:42:34
10	Male	277	MARIOS KOUROUNIS	1990		0:43:26
11	Male	328	SERAFEIM FORTOSIS	1999		0:44:48
12	Male	254	KOSTAS VLACHOS	1971	ΑΝΕΞΑΡΤΗΤΟΣ	0:45:01

13	Male	258	SPYROS MPOUTSIKAS	1976	TRIFILLAKIA	0:45:14
14	Male	269	IOANNIS MPOKAS	1996	ΣΧΟ ΑΡΑΧΩΒΑΣ	0:45:48
15	Male	344	KONSTANTINOS VASILIAS	1973	AKOL	0:45:49
16	Male	336	GEORGIOS DANIKAS	1981		0:46:09
17	Male	283	STEFANOS SALPAS	1967	Σ.Χ.Ο.ΑΡΑΧΩΒΑΣ	0:47:04
18	Male	341	DIMITRIOS ZYGOGIANNIS	1974		0:47:54
19	Male	332	DIMITRIOS ELEFTHEROGLOU	1989		0:48:49
20	Male	259	GIORGOS ARGYRIOU	1991	AKO LIVADEIAS	0:49:13
21	Male	302	IOANNIS TRIANTAFYLLOU	1985	ΑΝΕΞΑΡΤΗΤΟΣ ΖΑΓΑΡΙΤΗΣ	0:51:19
22	Male	276	CHARALAMPOS STATHIS	1989		0:51:33
23	Male	333	KONSTANTINOS THEODOSIOU	1989		0:51:35
24	Male	310	KONSTANTINOS MAMALIS	1969	ΔΡΟΜΕΪΣ ΑΚΡΑΙΦΝΙΟΥ	0:53:04
25	Male	252	ARISTEIDIS ANNIS	1971		0:53:08
26	Male	273	GEORGIOS KARATZOGLIS	1975	ΑΝΕΞΑΡΤΗΤΟΣ	0:53:17
27	Male	335	NIKOLAOS KOTSOU	1981	PROACTION STORE	0:53:18
28	Male	278	ZACHARIAS GRANTZIOTIS	1966	ΣΧΟ ΑΡΑΧΩΒΑΣ	0:53:36
29	Male	263	THEODOROS MPOUGAS	1976	ΑΝΕΞΑΡΤΗΤΟΣ ΑΤΑΛΑΝΤΗΣ	0:55:00
30	Male	265	KYRIAKOS MISTILIS	1958	ΑΘΛΗΤΙΚΗ ΚΑΙ ΨΥΧΑΓΩΓΙΚΗ ΛΕΣΧΗ ΜΕΔΕΩΝ	0:55:34
31	Male	322	PANAGIOTIS MIKELIS	1967		0:56:51
32	Male	312	GIANNIS GIANNAKOPOULOS	1988		0:57:35
33	Male	271	VAGGELIS DIMOPOULOS	1990	SPERCHEIADA RUNNING TEAM	0:57:59
34	Male	343	VASILEIOS ANESTIS	1959		0:58:04
35	Male	305	GIANNIS STAVROPOULOS	1989	YIOULIS RUNNING TEAM	0:58:27
36	Male	340	PNAGIOTIS KOUSOULAS	1954		0:58:41
37	Male	303	CHRISTOS VORDONAS	1961		0:59:20
38	Male	296	ATHANASIOS KONTOS	1982		0:59:57
39	Male	306	VASILEIOS KOLOVOS	1969		1:00:04
40	Male	304	ANASTASIOS KAMANIS	1966	ΜΕΔΕΩΝ	1:00:14
41	Male	275	THANASIS KOROGIANNOS	1983		1:00:37
42	Male	288	VASILEIOS NTANOS	1974	ORCHOMENOS RUNNERS	1:00:38
43	Male	337	MICHAIL SYROS	1975	ΑΕ LIVADEIAS	1:00:59
44	Male	314	LAMPROS SYRTAS	1976		1:01:04

45	Male	342	ARGYRIOS ZANTZAS	1977		<b>1:01:08</b>
46	Male	318	DIMOSTHENIS VEKILIS	1956		<b>1:01:11</b>
47	Male	279	LAMBROS CHRISTODOULOU	1976	A.E ORCHOMENOU RUNNERS	<b>1:01:51</b>
48	Male	317	SERAFEIM FILON	1960		<b>1:03:14</b>
49	Male	282	NIKOLAOS CHROSTOFOROU	1988	ALUMINATI	<b>1:03:47</b>
50	Male	320	IOANNIS AISOPOS	1979		<b>1:04:28</b>
51	Male	311	PARASKEVAS FARDELLAS	1980		<b>1:04:42</b>
52	Male	293	ILIAS KOUKOVINOS	1964	ΓΥΜΝΑΣΤΗΡΙΟ ΑΘΛΟΚΙΝΗΣΗ	<b>1:07:24</b>
53	Male	327	IOANNIS ARGYRIOU	1947		<b>1:09:15</b>
54	Male	319	GEORGIOS SIVAS	1959	ΜΕΔΕΩΝ	<b>1:09:16</b>
55	Male	346	IOANNIS PEIROUNAKIS	1967		<b>1:11:30</b>
56	Male	307	ILIAS ANTONOPOULOS	1980	ΑΝΕΞΑΡΤΗΤΟΣ	<b>1:12:29</b>
57	Male	262	CHRISTOS PAPADOPOULOS	1986		<b>1:14:54</b>
58	Male	266	KONSTANTINOS PONTIKOPOULOS	1979	LVD CLUB	<b>1:14:54</b>
59	Male	298	MANOLIS STAGAKIS	1940	ΑΠΟΛΛΩΝ ΔΥΤ. ΑΤΤΙΚΗΣ	<b>1:21:14</b>
60	Male	297	CHARIS TSEPAPADAKIS	1952	ΑΝΕΞΑΡΤΗΤΟΣ	<b>1:58:35</b>