

4ος Τροφώνιος Ημιμαραθώνιος Λιβαδειάς
Κυριακή 25 Σεπτεμβρίου 2016

ΑΠΟΤΕΛΕΣΜΑΤΑ 21.100Μ ΓΥΝΑΙΚΩΝ - ΑΝΔΡΩΝ

A/A	Gender	BIB	Name	YOB	Club	21km
1	Female	178	EIRINH ΜΡΑΝΑΝΑ	1974		1:38:57
2	Female	125	KLEOPATRA FRAGOPOULOU	1988	ΠΑΝΕΛΛΗΝΙΟΣ ΓΣ	1:42:23
3	Female	95	LOUIZA ΚΑΜΑΡΙΝΟΥ	1975	ΓΣ ΧΑΛΑΝΔΡΙΟΥ	1:43:48
4	Female	219	SOFIA ΛΟΥΛΟΥ	1980		1:44:24
5	Female	173	ELENI PSAROMYALOU	1972	ΑΚΟΛ-SKY WOMEN	1:47:22
6	Female	155	KATERINA GEORGOPOULOU	1970	Ε.Φ.Α.ΧΑΛΑΝΔΡΙΟΥ	1:48:28
7	Female	10	SPIRIDOULA PALANTZA	1973	ΑΛΙΑΡΤΙΣΤΑΣ	1:53:44
8	Female	87	ΙΟΑΝΝΑ ΚΟΡΟΔΙΜΟΥ	1983	ΣΧΟΑ	1:56:10
9	Female	221	ELLISAVET RANTZOU	1974	ΒΟΙΩΤΟΙ ΗΜΕΡΟΔΡΟΜΟΙ	1:57:05
10	Female	217	VASILIKI MARGARITOPOULOU	1983		1:58:57
11	Female	132	MARGARITA PANAGOPOULOU	1954	ΣΔΥΜ ΘΗΒΑΣ	1:59:38
12	Female	34	OLGA TSIOUNI	1980		2:00:04
13	Female	148	TANIA BANITSIONI	1990		2:00:53
14	Female	175	ANNA PARISI	1979	ΑΚΟΛ-SKY WOMEN	2:06:31
15	Female	3	TZENI MITSIOU	1968	ΑΚΟ ΛΙΒΑΔΕΙΑΣ	2:06:43
16	Female	16	DOROTA SUCHOCKA	1975		2:09:29
17	Female	12	CHRISODIMITRA GALATOU	1971	ΑΚΟ ΛΙΒΑΔΕΙΑΣ	2:16:07
18	Female	74	ATHANASIA KARAVOULIA	1973		2:18:07
19	Female	213	KATERINA LINARDOU	1981	SAFANS	2:22:16
20	Female	66	IFIGENIA KARRA	1967		2:24:37
21	Female	99	PANAGIOU GKIAOURI	1948	CHALKIDA	2:39:18
1	Male	137	CHRISTOS ΜΠΟΥΝΤΟΥΛΙΣ	1996	Γ.Σ.ΠΙΝΔΑΡΟΣ ΘΗΒΑΣ	1:13:46
2	Male	138	GIORGOS MINO-ORGES	1988	ΑΟ.ΜΥΚΟΝΟΥ	1:16:34
3	Male	1	MICHALIS ΚΑΛΟΜΟΙΡΙΣ	1986	ΟΛΥΜΠΙΑΚΟΣ	1:18:24
4	Male	69	ATHANASIOS MESSALAS	1971	ΘΕΣΠΙΕΣ	1:22:38
5	Male	108	GEORG GANGLBAUER	1970	ΑΝΕΞΑΡΤΗΤΟΣ	1:23:24

6	Male	8	STAVROS TSOKANOS	1974	ΑΚΟ ΛΙΒΑΔΕΙΑΣ	1:27:11
7	Male	82	ZISIS PETSΟPOULOS	1994		1:27:46
8	Male	127	KONSTANTINOS ZINDROS	1978		1:27:59
9	Male	166	MATHAIOS TZIGEROGLOU	1975	ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ	1:28:19
10	Male	73	ANASTASIOS KARAGIANNIS	1967	ΑΚΟ LIVADIAS	1:31:48
11	Male	151	ODYSSEAS PANOU	1960		1:31:51
12	Male	154	GEORGIOS LAZOPOULOS	1969	Ε.Φ.Α.ΧΑΛΑΝΔΡΙΟΥ	1:32:10
13	Male	181	ILIAS KARALIS	1996	Α. Σ. ΔΙΘΝΥΣΟΣ	1:33:33
14	Male	128	CHRISTOS FOUSEKIS	1979		1:33:46
15	Male	182	IOANNIS KALIKAS	1978	ΟΥ-ΚΡΗΤΗΣ	1:36:09
16	Male	171	KONSTANTINOS THEODOROU	1977	ΑΝΕΞΑΡΤΗΤΟΣ	1:36:25
17	Male	40	CHRISTOS ZYGOURIS	1974		1:36:39
18	Male	106	FOTIOS VELLIOS	1972	ΑΝΕΞΑΡΤΗΤΟΣ	1:36:43
19	Male	70	IOANNIS PSAROGIANNIS	1978	SPERCHEIADA RUNNING	1:36:45
20	Male	122	NIKOLAOS KARAGIANNIS	1976		1:36:50
21	Male	97	THEODOROS GKΟUMAS	1958	ΑΠΟΛΛΩΝ ΔΥΤ ΑΤΤΙΚΗΣ	1:36:52
22	Male	98	GEORGIOS GKIAOURIS	1976	CHALKIDA CROSSFIT	1:36:57
23	Male	72	KONSTANTINOS XIOURAS	1973	ΑΠΣ ΑΠΟΛΛΩΝ ΔΥΤ.	1:37:51
24	Male	41	EVAGELOS ZYGOURIS	1979		1:38:54
25	Male	23	NIKOS ADAM	1955	IGL-REUTLINGEN	1:38:57
26	Male	185	DIMITRIOS MASOURAS	1978	"ΠΟΛΙΤΙΣΤΙΚΟΣ ΣΥΛΛΟΓΟΣ	1:39:39
27	Male	61	VASILEIOS ILIOPOULOS	1978	ΑΠΣ ΑΠΟΛΛΩΝ ΔΥΤ.	1:40:19
28	Male	59	PANAGIOTIS FRAGIADAKIS	1982	ΑΚΟ LIVADIAS	1:40:40
29	Male	136	ARGYRIS MANIAS	1970	ΑΚΟ LIVADIAS	1:40:56
30	Male	177	ALEXANDROS TSIGKOS	1992	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ	1:40:58
31	Male	62	GEORGIOS PAPANIKOLAOU	1968	ΑΚΟ LIVADIAS	1:41:13
32	Male	7	AGELOS MARKOU	1967		1:41:15
33	Male	79	LOUKAS LOUKAS	1979		1:42:42
34	Male	80	STAVROS LOUKAS	1980		1:42:45
35	Male	45	ATHANASIOS PROISKOS	1975		1:42:53
36	Male	216	STAVROS BASINAS	1971		1:43:21

37	Male	120	CHRISTOS GIOVANIS	1983		1:44:02
38	Male	220	SPYROS GERANTONIS	1974	ΒΟΙΩΤΟΙ ΗΜΕΡΟΔΡΟΜΟΙ	1:45:16
39	Male	86	IOANNIS STRATAKIS	1975	ALUMINATI	1:45:23
40	Male	43	THOMAS MERLEMIS	1971	ΣΔΥΜ ΘΗΒΑΣ	1:46:08
41	Male	15	MAREK BOBZIONY	1967	ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ	1:46:14
42	Male	33	ROMAIOS KASTRINOS	1974	MUSTUKULURU R.TEAM	1:46:44
43	Male	198	DIMITRIOS KASTANIAS	1982		1:46:44
44	Male	53	DIMITRIS ILIOPOULOS	1981	ΣΧΟ ΑΡΑΧΩΒΑΣ	1:46:53
45	Male	189	GEORGIOS MANIAS	1978	ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	1:46:57
46	Male	90	IOANNIS PAPADOPOULOS	1968	Σ.Δ.Υ. ΜΕΣΣΗΝΙΑΣ	1:48:09
47	Male	192	THEMISTOKLIS KARAKYRIAKOS	1963	ΑΠΣ ΑΠΟΛΛΩΝ	1:48:26
48	Male	37	ARISTAGORAS FAKINOS	1976	2Α ΜΑΛ	1:49:01
49	Male	38	KONSTANTINOS TSATSAMPAS	1982		1:49:01
50	Male	32	GIANNIS KAVOURAS	1974	MUSTUKULURU R.TEAM	1:49:05
51	Male	222	LOUKAS STENOS	1972	ΑΚΟΛ	1:49:07
52	Male	223	CHRISTOS NTELIS	1989	ΑΛΙΑΡΤΙΣΤΑΣ	1:49:49
53	Male	176	ATHANASIOS PAPACHRISTOU	1969	ΑΚΟ ΛΙΒΑΔΕΙΑΣ	1:50:36
54	Male	156	ARHS GEORGAKILAS	1976	ΑΚΟ ΛΙΒΑΔΕΙΑΣ	1:51:02
55	Male	27	NOMIKOS ROUSSOS	1957	RUNNING CLUB STAY FIT	1:51:48
56	Male	212	FOTIS KOKKINOS	1975	SAFANS	1:51:54
57	Male	160	KONSTANTINOS ANDRITSOS	1966	ΔΡΟΜΕΙΣ ΑΚΡΑΙΦΝΙΟΥ	1:51:57
58	Male	105	PANAGIOTIS PAPADAKIS	1980	ΣΔΥΜ	1:52:06
59	Male	104	PANAGIOTIS TSELIKIS	1988		1:52:14
60	Male	206	PETROS KORAKIS	1967		1:52:30
61	Male	143	APOSTOLOS KOTINIS	1975		1:52:31
62	Male	52	NIKOS KORMPOS	1975	ΣΧΟ ΑΡΑΧΩΒΑΣ	1:53:14
63	Male	145	THEODOROS ΟΙΚΟΝΟΜΟΥ	1967	ΣΧΟ ΑΡΑΧΩΒΑΣ	1:53:14
64	Male	133	SERAFEIM RENTIFIS	1975	ΑΝΕΞΑΡΤΗΤΟΣ	1:53:35
65	Male	150	CHRISTOS KOKKALIS	1981	ΑΛΙΑΡΤΙΣΤΑΣ RUNNING	1:53:45
66	Male	5	PANAGIOTIS TSEKOURAS	1960	ΑΚΟ ΛΙΒΑΔΕΙΑΣ	1:54:16
67	Male	140	NIKOLAS MAKRODIMITRIS	1977		1:54:58

68	Male	149	IOANNIS KAZANAS	1967	ΔΡΟΜΕΙΣ ΜΑΛΕΣΙΝΑΣ	1:55:26
69	Male	159	ALEKOS VASILEIOU	1976	ΑΚΡΑΙΦΝΙΟ	1:55:34
70	Male	78	ASIMAKIS GELESTATHIS	1972	ΑΚΟ LIVADIAS	1:55:40
71	Male	184	ELEFThERIOS MONASTIRIOTIS	1972	Α.Σ.ΔΙΟΝΥΣΟΣ	1:55:41
72	Male	200	DIMITRIOS MPELOS	1975		1:55:55
73	Male	116	PETROS TASKOS	1959		1:56:04
74	Male	76	IOANNIS LILAKOS	1984		1:56:11
75	Male	117	CHRISTOS AISOPOS	1970		1:56:35
76	Male	130	PANAGIOTIS PAVLIOTIS	1962	ΔΡΟΜΕΙΣ ΑΚΡΑΙΦΝΙΟΥ-	1:57:01
77	Male	158	NIKOS PSYCHOULAS	1957	ΑΚΡΑΙΦΝΙΟ	1:57:05
78	Male	100	NIKOLAOS PAPADIMITRIOU	1981	DEMOKRITOS RUNNING	1:57:13
79	Male	193	KONSTANTINOS POLATSIDIS	1992	ΑΚΟ LIVADIAS	1:57:33
80	Male	147	ZACHARIAS KONSTANTAKIS	1978		1:57:33
81	Male	197	SAKIS STAVROPOULOS	1970		1:57:37
82	Male	26	GEORGOS LOUKAS	1967	ΑΝΕΞΑΡΤΙΤΟΣ	1:58:08
83	Male	157	CHRISTOS LAZINOS	1973		1:58:39
84	Male	210	IOANNIS KOUTSKOS	1969	TRAXINA	1:58:56
85	Male	124	ALEXANDROS TOGIAS	1976		1:59:17
86	Male	194	KONSTANTINOS FOUFFOULAS	1976	ΑΚΟ LIVADEIAS	1:59:19
87	Male	4	THOMAS MITSIOU	1966	ΑΚΟ ΛΙΒΑΔΕΙΑΣ	1:59:23
88	Male	55	DIMITRIS MASTRAPAS	1975	ΑΚΟ LIVADIAS	1:59:29
89	Male	49	KONSTANTINOS CHRONOPOULOS	1969	ΣΔΥΜ ΘΗΒΑΣ	1:59:44
90	Male	81	EMMANOUIL MAZARAKIS	1973	ΔΡΟΜΕΙΣ ΜΑΛΕΣΙΝΑΣ	1:59:45
91	Male	226	KONSTANTINOS KATSIMICHAS	1963		1:59:48
92	Male	146	NIKOS POURNARAS	1985		1:59:53
93	Male	196	EVAGGELOS AGRAFIOTIS	1978		1:59:54
94	Male	121	SERAFEIM MYTHIS	1985		2:00:08
95	Male	24	PAN MAV	1971		2:00:24
96	Male	19	KONSTANTINOS TSIROPOULAS	1969	ΑΚΟ ΛΙΒΑΔΕΙΑΣ	2:00:33
97	Male	56	KONSTANTINOS POURNARAS	1980		2:00:37
98	Male	129	CHRISTOS ZACHOS	1970	CZRT	2:00:51

99	Male	92	PANAGIOTIS ALEXOPOULOS	1978		2:00:58
100	Male	141	PANAGIOTIS PAPANIKOLAOU	1968	ΣΔΥΕ	2:00:59
101	Male	114	ILIAS YFANTIS	1975		2:02:27
102	Male	168	DIMITRIOS FOLIAS	1962	ORCHOMENOS RUNNERS	2:02:50
103	Male	225	NIKOLAOS KORMPOS	1972		2:03:08
104	Male	71	THANASIS GIANNAKOPOULOS	1973		2:03:17
105	Male	170	ANDREAS BRALIOS	1968	PULSE100	2:04:23
106	Male	218	GEORGIOS PANAGOPOULOS	1954	SDYM THIVAS	2:04:44
107	Male	174	PANAGIOTIS ZITOUNIATIS	1969	AKO LIVADEIAS	2:05:27
108	Male	48	PANAGIOTIS GKELIS	1975	ΣΔΥΜ ΘΗΒΑΣ	2:05:56
109	Male	20	IOANNIS PANTELAKIS	1963	ΣΔΥ ΘΗΒΑΣ	2:06:17
110	Male	118	GIORGOS KALANTZIS	1977	ΑΘΛΟΣ ΠΕΡΙΣΤΕΡΙΟΥ	2:06:54
111	Male	195	KONSTANTINOS FARDELAS	1979		2:06:55
112	Male	75	GEORGIOS CHRISIKOS	1967	ΤΡΑΧΙΝΑ	2:06:56
113	Male	93	PANAGIOTIS KOUTSOTHODOROS	1964		2:07:31
114	Male	161	NIKOLAOS NTELIS	1958	ΔΡΟΜΕΙΣ ΑΚΡΑΙΦΝΙΟΥ	2:07:39
115	Male	163	NIKOLAOS TAKARIDIS	1987	ΔΡΟΜΕΙΣ ΑΚΡΑΙΦΝΙΟΥ	2:07:40
116	Male	30	STELIOS KYRIAZIS	1967	I RUN	2:08:36
117	Male	209	PANAGIOTIS KATSARELIS	1966		2:09:20
118	Male	85	MARIOS SKLIAS	1987		2:09:46
119	Male	28	VASILIS TSELIOS	1975		2:10:16
120	Male	183	VAGGELIS KAPANTAIS	1980	ΣΔΥΜ ΘΗΒΑΣ	2:10:36
121	Male	186	GEORGIOS DIAMANTIS	1956	ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	2:11:22
122	Male	31	GEORGE KARALAS	1975	Α.Ε ΟΡΧΟΜΕΝΟΥ	2:11:47
123	Male	123	ANTONIS FORTATOS	1970	Α. Σ. ΔΙΪΝΥΣΟΣ	2:12:45
124	Male	110	ATHANASIOS MPOUGETSAS	1972	DROMOIS MALESINAS	2:13:16
125	Male	77	CHRISTOS MOUSTIS	1978	ΟΡΧΟΜΕΝΟΣ	2:14:10
126	Male	208	THEOCHARIS ANASTASIOU	1950	ΑΚΟΛ	2:14:42
127	Male	224	KONSTANTINOS CHAREMIS	1959	SDYM THIVAS	2:16:56
128	Male	14	GEORGIOS KIAMOS	1981		2:17:00
129	Male	187	ERRIKOS TZINIOLIS	1945	ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	2:17:13

130	Male	60	KONSTANTINOS VOGIATZAKIS	1963	ΑΠΟΛΛΩΝ ΔΥΤ ΑΘΗΝΑΣ	2:18:33
131	Male	94	GEORGIOS KATSELIS	1975		2:21:38
132	Male	113	DIMITRIOS TSIFIS	1962	ΑΚΟ LIVADIAS	2:23:32
133	Male	188	ATHANASIOS XYGKOS	1939	ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	2:30:46
134	Male	191	DIMITRA KOLOKOTRONI	1991	ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	2:32:49
135	Male	190	APOSTOLOS ALEXIOU	1980	ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	2:32:50
136	Male	103	ATHANASIOS ROUSSIS	1976	Α.Ε ΟΡΧΟΜΕΝΟΥ	2:37:13
137	Male	29	THANOS THEODOROPOULOS	1978	ΑΝΕΞΑΡΤΗΤΟΣ	2:42:51
138	Male	47	DIMITRIOS ADAMOPOULOS	1979	ΑΝΕΞΑΡΤΗΤΟΣ	2:42:51
139	Male	139	NIKOS KONTZILAS	1958	ΑΠΟΛΛΩΝ ΔΥΤ. ΑΤΤΙΚΗΣ	2:52:57
140	Male	21	GEORGIOS DIMITRIADIS	1968		3:03:16
141	Male	207	IOANNIS PANTAZAKOS	1954		3:03:17